

# Flattened Rice with Carrot, Tomato, Pomegranate and Peanut

## Dadpe Pohe



- 1 cup Pohe - thin
  - 1 cucumber
  - 1 tomato
  - 1 carrot
  - 1 small green pepper
  - 1 tsp oil
  - 1/4 tsp mustard seeds
  - 1/4 tsp cumin seeds
  - 3 pinches turmeric
  - 1 pinch asafoetida
  - 5-6 curry leaves
  - Fresh coriander leaves - chopped
  - Salt and sugar to taste
  - Lemon juice
  - Optional: Any fruits such as pomegranate, shredded fresh coconut, peanuts, grapes
1. Wash pohe and drain.
  2. Grate all vegetables and chop the tomatoes
  3. Mix pohe and all vegetables.
  4. Heat the oil separately. Add the mustard seeds. When they pop add the cumin, turmeric, asafoetida and curry leaves. Add this to the pohe and mix well.
  5. Add salt and sugar to taste and any other optional ingredients, plus coriander and lemon.