



Lemon Grass Tea

Gavti Chaha

- 1 ½ cups water
- 1-2 lemon grass leaves
- 1 inch grated ginger
- 1 clove
- 1 cm cinnamon stick (or 1/4 tsp cinnamon powder)
- ¼ tsp fennel
- 4-5 leaves of basil
- Brown sugar or jaggery if desired

1. Add all ingredients in water and boil together for 10 minutes.
2. During this time you can add milk if desired or at the end.
3. Strain and serve.