

Basil, Mint & Ginger Tea

Tulsi, Pudina & Ale Chaha



- 1 ½ cup water
- 5 basil leaves
- 1 cm ginger - chopped
- 5 mint leaves

1. Put all ingredients in water and boil together for 2-3 minutes.
2. If desired add milk to the tea and bring to boil or add milk separately at the end.
3. Strain and add sugar/honey if desired.